

## Example Daily Menu

### **Breakfast**

Caramel Apple Pancakes

Chia with Almond Mylk

Fresh Fruit Selection

Pistachio Goji Coconut Granola

Chaga Latte

Matcha Latte

Hazelnut Teeccino

Freshly Squeezed Orange Juice

### **Lunch**

Superfood Salad

Crazy Curry and Cauliflower Rice

Glorious Goji Pudding with Cacao

Lemonade with Purple Corn and Agave

### **Dinner**

Superfood Salad

Mexican Tacos with Guacamole

Heavenly Chocolate Mousse

Fig Sun Tea

Golden Turmeric Mylk